

# FOG COVID 19 PREVENTION MEASURES

## Introduction

These notes describe how FOG meetings will be run during the COVID-19 outbreak. Read them, understand them, and make sure that you follow them. If you have any questions ask a committee member, ideally in advance. They may be updated as guidance from Welsh Government evolves.

## Principles

Our aims are:

1. To prevent any spread of COVID 19 between club members or to third parties, such as the farmer and neighbours.
2. To comply with English and Welsh legal requirements for the management of COVID 19.

Under the current rules in Wales anyone can go to a common outdoor space for non-contact sports, leisure and recreational activities. FOG will meet on the understanding that there must be no direct or indirect contact between members outside of their household groups. Direct contact can be avoided by strict social distancing. Indirect contact can occur through sharing equipment, touching farm gates and helping others to prepare or recover rockets. There are many opportunities to inadvertently spread the virus, some of which are not immediately obvious.

Everyone must bring their own hand sanitiser and other protective materials, and dispose of their own waste at the end of the day.

The FOG culture has always been to help others to launch, offering hands-on support to new members or people trying to master a new aspect of rocketry. This helpful attitude must be suspended for the time being. It is strongly suggested that members stick to what they know and avoid trying anything unfamiliar or risky, or which could require external assistance. Regrettably the club will not allow new and inexperienced members to launch at this time as they would require too much close supervision. New members can attend as spectators but must maintain social distancing at all times.

Members must consider their own actions carefully at all times to ensure that they are not inadvertently infecting others.

## Before You Arrive

Stay at home if:

1. If you have any flu-like symptoms or other symptoms associated with Covid-19
2. You are shielding, or in a vulnerable group because of age or a pre-existing medical problem.
3. Any other member of your household is currently diagnosed with Covid-19 or is displaying symptoms.

## On Arrival

On arrival and when moving around the site, remember that the virus can be transmitted by touching objects such as farm gates.

FOG will provide disinfectant wipes and a disposal bag at the gates for entry to the site. After passing through the gate disinfect the bits you have touched and dispose of the wipe in the bag. Remember to take wipes with you for cleaning gates when moving around the site to retrieve rockets.

### On the Range

The basic principle is that every household must operate as a self-contained unit. There will be no sharing of equipment, and this includes launch pads and controllers. Members must come with everything they need to prepare, launch and recover their rockets.

When you arrive at the range:

1. You must wear a face mask at all times on the flight line. You may only remove it when recovering rockets with members of your own household.
2. You must bring your own hand sanitizer and disinfectant wipes.
3. You must maintain at least 2m between your equipment and anyone else's
4. You must not share equipment with people outside your household. This includes launch pads and controllers, so bring your own equipment.

### Launching and Recovery

Preparation: Prepare your rocket on your own. Do not expect to get help from other members.

Inspection by RSO: If the RSO decides that a physical inspection is needed place the rocket on the ground and step back. The RSO will pick up the rocket to inspect it and place it back on the ground. It must be treated as contaminated from that time onwards and hands must be cleaned after touching it.

Control of safety keys: The RSO will not be holding the safety keys. Each key will be left on the ground beside its launch controller so that the RSO can see that it has been removed.

Padding up: When the RSO is satisfied that all keys have been removed" the rocketeer can move forward to place the rocket on the launch pad.

Launching: Rockets will be launched in sequence directed by the RSO. A normal 5 second countdown will be given for each launch.

Recovery: The rocketeer will recover the rocket as normal. Note members must only recover their own rockets as they may be contaminated.

Recovery poles: These will not be available.

Anyone deemed to be acting in an unsafe manner will be required to leave the site immediately.

### Departure

When leaving the site everyone must take their own belongings back to the car. This includes all waste, including used igniters as well as used wipes etc. Please remember to wear your face covering at least until you have departed the site.

After the last person passes through the gate a committee member will disinfect it for the final time.